Celiac Disease Symptom Survey

Use this survey to help you talk about your symptoms with your doctor.
Remember, one symptom doesn't define celiac disease. But one test can.

1. Do you have any of the common symptoms of celiac disease listed below? (Choose all that apply.)

- ❑  Bloating
- ❑  Fatigue
- ❑  Irritability
- ❑  Constipation
- ❑  Gas
- ❑  Itchy Skin Rash
- ❑  Depression
- ❑  Headaches
- ❑  Mouth Sores
- ❑  Diarrhea
- ❑  Heartburn
- ❑  Stomach Pain
- ❑  Discolored Teeth
- ❑  Infertility
- ❑  Thin Bones (osteoporosis)

2. Do you have any first-degree relatives with celiac disease? (Check all that apply.)

- ❑ Parent
- ❑ Sibling
- ❑ Child

3. Do you have any second-degree relatives with celiac disease? (Check all that apply.)

- ❑ Aunt or uncle
- ❑ Grandparent
- ❑ Grandchild
- ❑ Niece or nephew
- ❑ Cousin
- ❑ Half-sibling

4. Have you had any of the following?

- ❑ Iron deficiency
- ❑ Miscarriage(s)
- ❑ Malnutrition
- ❑ Lack of muscle coordination (ataxia)
- ❑ Short stature (child)
- ❑ Weight loss or gain (unexplained)
- ❑ Failure to thrive
- ❑ A delay in development (child)
- ❑ Unexplained problems with your liver
- ❑ Vomiting
- ❑ Seizures
- ❑ Late puberty
- ❑ Loss of hair from your head or body (alopecia)

5. Do you have any of the following conditions?

- ❑ Arthritis
- ❑ Sjögren's syndrome
- ❑ Turner syndrome
- ❑ Juvenile idiopathic arthritis
- ❑ IBS (irritable bowel syndrome)
- ❑ Williams syndrome
- ❑ Type 1 diabetes
- ❑ Numbness or pain in the hands and feet (peripheral neuropathy)
- ❑ Low levels of immunoglobulin A
- ❑ Thyroid disease
- ❑ Down syndrome
- ❑ Cancer